

The Vasquez Post

Veritas, Aequitas, Spiritus

Summer Break Is Coming Soon!

With less than two months left of school, it can be very upsetting when many other schools have already had spring break without the responsibilities that high school students hold. But something familiar amongst our Mustangs is a lack of motivation, so why would it matter if I turned in the missing assignment? Why would it matter if I'm late to my classes? These excuses become nasty habits that are hard to eliminate if you don't start now.

There will be 6 weeks and 3 more days until the semester is over. Students will also have many things to do such as catching up with work, finals, and preparing for the summer! During the month of April, Spring Break will begin on April 21, 2025.

Students need to catch up on all their missing assignments because once grades are put in, they won't be changed after. Students should take advantage of the time they have to spare right now to get their work done.

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Weather

Between April 14 and April 21, it is expected to be warm with mostly sunny conditions. High temperatures are forecasted to range from the low to mid 80's, with lows in the upper 40s to low 50s°. Notably, Monday, April 21, anticipates a slight cooldown with a high around 69° and low near 46° accompanied by cloudy skies. This year the weather will be warmer than usual for April, so make sure to drink plenty of water and wear sunscreen if you're spending time outside. The weather has been rising sufficiently, so staying hydrated is definitely recommended. Use your sunglasses, sunscreen and maybe have a water balloon fight or a barbeque.

Information provided by Mason Berger and Abby Garcia

History of Easter and its Traditions

Easter, a time of chocolates, rabbits, eggs, and a great deal of traditions. Most Easter traditions include dying eggs, egg hunts, the Easter Bunny, and going to church (for some). Unsurprisingly, us Americans love chocolate, considering Easter chocolate sales reach upwards of 2.1 billion dollars. Not many people know this, but Easter eggs are actually a symbol of life and rebirth. Easter traditions don't vary much, although many cultures have their own traditions that do, in fact, vary from what you would be used to for this holiday.

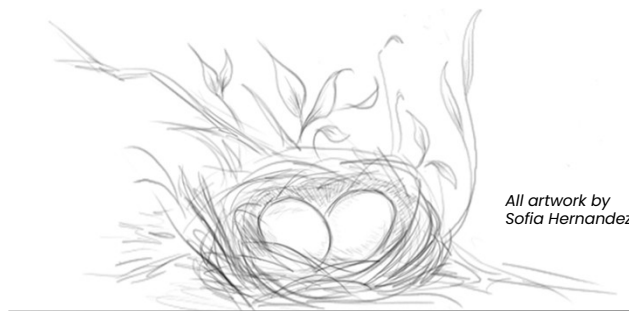
The idea of the eggs and rabbits are meant to be symbols. They represent spring and fertility. As a little kid, you might have woken up on Easter to search for the hidden eggs with your friends and family. Well this tradition came about to America in the 1700's. Just like their pagan beliefs, German immigrants brought the idea of the "Easter Bunny" to America.

One of the most sought after things for Easter is definitely the candy. Jelly beans, peeps, and of course, the chocolate. Almost any candy you could think of for Easter has chocolate. Regardless of the type of candy, why did it become so popular as tradition in the first place? According to many sources, it actually ties into decorating eggs. All the way back in the 1300s, people would decorate their eggs after the period of lent, a 40 day fasting time span of penance. After decoration, they would eat their eggs. What does this have anything to do with candy? Well in 1873, J.S. Fry & Sons had the idea of making the first chocolate egg. 2 years later, it had caught on, Cadbury manufactured their famous chocolate eggs in 1875, and the rest is history.

Speaking of eggs, rabbits are mammals, so why does the Easter Bunny "lay" eggs? I hate to be the one to burst your bubble, but no bunnies lay eggs. Eggs are merely an Easter symbol of life and rebirth. The tradition of the egg hunt started in 1600, during the protestant reformation. While the idea of the egg hunt was in 1600, it only got to America after 200 years via German immigrants.

Easter traditions stem from many cultures, joining together to form one main holiday. Thanks to J.S. Fry & Sons, we were able to have the chocolate egg for Easter. Religious traditions also brought us egg decorating, and the symbolism behind eggs on Easter. Egg hunts, candy, and of course, rabbits! All traditions for Easter and for kids all around the world to enjoy.

Article by Elijah Hernandez and Rebekah Bullard



Meet Your Staff: Coach Mario

Is it true you worked as a prison guard? What was it like?

Yes, I started at the age of 21. When I first went here it was scary at first because I was 115 lbs soaking wet, but I actually retired from there and made a good living off of that and did it for 25 years.

Do you think this school is better than other schools you've been to?

Yes, I think this is. I think that you guys are fortunate to be at a small setting like this because you can learn, you don't have a lot of stuff that goes on and the interference that goes on with a larger group. I even told the principal that's here now and the prior principal that this should be a private school because it's a small setting and you guys are very fortunate and lucky that you're involved in something like this and all the teachers here want to teach so that's a good thing too.

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Fun/Crazy Facts

-It will take twenty thousand years for the city Chernobyl to be habitable again.

-Strawberries aren't actually berries. Despite their name they are in fact an aggregate fruit.

-Axolotls have the ability to regenerate their own hearts.

-Sea otters hold hands while they sleep so that they don't drift apart.

-There is a prison in Brazil that uses guard geese rather than guard dogs.

Information provided by Jenna DeMatteis and Alexandria VanBlarcom

Sports

Last week our boys varsity baseball team won against Santa Clarita Christian with a blow out of 14-4. Vasquez Mustangs baseball team scored 6 runs at the start and held the host Santa Clarita Christian Cardinals to 0 with the Mustang's league win on Thursday. Last week the boys swim team came out as first in their division. Congratulations to our Mustangs! April 15, varsity softball has a game against Faith Baptist at 3:15pm later that day boys varsity volleyball has a game against Trinity Classical Academy at 4pm and later at 6pm varsity girls swim is also going against Trinity Classical Academy. On Thursday at 3:30pm both girls and boys varsity both have a track and field meet against Palmdale Charter Academy. Let's wish our Mustangs good luck. On Friday, varsity baseball has a game at 3:15 against Bishop Union. Let's hope they can pull off that win. Saturday, both girls and boys track and field has a meet.

Information provided by Ulysses Miron



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Going over the topic of getting all your work done will also give you more time to study for finals. Finals tests are important especially for seniors because it will help improve their gpa before they graduate. Studying for the finals are very important for every student because they shouldn't have to get a lower score because of not studying prior. Getting finals and studies out the way will help you enjoy an amazing summer because students wouldn't have to worry about studying until the next school year.

Spring break is also coming up, so let's explore and find new adventures to take during this time. Traditionally, our district is one of the very few where our spring break follows Easter Sunday or in other words. We have about a week left until we can enjoy the sun and hang out with friends or spend time with family. They can also go out on vacation somewhere they've been wanting to go for a while.

Without deadlines and the stress school constantly puts on a person, you can finally feel like yourself again and spend all your time doing the things you love to do! So hopefully the days before summer and spring break just fly by without any trouble for everyone reading, and summer doesn't feel too short!

Article by Collin Pardo, Lina Rodriguez, and Charlotte Hernandez

Inspirational Quotes

"He who conquers himself is the mightiest warrior."
- Confucius

"Be yourself; everyone else is already taken."
- Oscar Wilde

"There is no greater agony than bearing an untold story inside you."
- Maya Angelou

"Life isn't about finding yourself. Life is about creating yourself."
- George Bernard Shaw

Quotes provided by Shoned Carr

Meet Your Staff continued from the front page

How do you motivate your team?

My motivation for my team is my passion. I make sure we try to uplift them because it's not about winning, it's more about life lessons and just trying to uplift them as much as I can.

Which high school did you go to?

I went to Ganesha High School and Pomona.

What would you say about the prison that you worked in?

Prison that I worked in was a level four prison, maximum security so the environment was high as far as the level of inmates that were there but again it was extremely stressful.

What do you think about the basketball team next year?

I think it's going to be a little more competitive, little more stronger cause we have kids that will be moving up from the JV to the varsity make us even stronger then we were last year but again it's hard to win and come back and win again because everybody else is trying to get ahead of you and also trying to win, so it's going to be rough.

How long have you been a coach?

I'm going on probably 28-29 years that I was coaching.

What would you say about Vasquez?

Vasquez high school is a tremendous opportunity for kids to come over here for a smaller fee and again, I just love the environment, I love the teachers, I love the surroundings, I'm a Mustang

Is being a prison guard any different from working at a high school?

It's a little bit different because in prison you're dealing with older adults here you're dealing with kids so you have to know the difference, that's why I have to let kids understand that if you choose a certain path it can lead you down a wrong path.

Interview conducted by Khloé Roque and Gerardo Palayo

Weeks Left in the School Year

Throughout these next upcoming weeks we'll be coming closer and closer to the end of the school year, just about six weeks to be exact (without spring break), so with that being said here are some things to look out for. For every class your number one priority should be grades and by that I mean don't slack. This time of year is when grades drop the most because of people slacking off and focusing on summer. This is the part of the year when you have to finish strong to end the year with the best grades you possibly can. Also don't burn out or get lazy. Be consistent with what you have done throughout this whole year, don't get lazy just because there's a few weeks left because if you slack you might end up making classes up the next year. Just staying on track, being lazy through the last part of the year isn't worth it, not going to school and not doing your work isn't worth redoing a class, just keep that in your mind these next few weeks. Another really important topic is communicating with your teachers, coordinating when you'll turn in missing assignments so you don't hand in a bunch of work at a random time and making things hard for your teacher. You just have to think that these next few weeks your teachers are just as much stressed as you are so try and make your teachers job the easiest you can.

Article by Liam Byrne

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